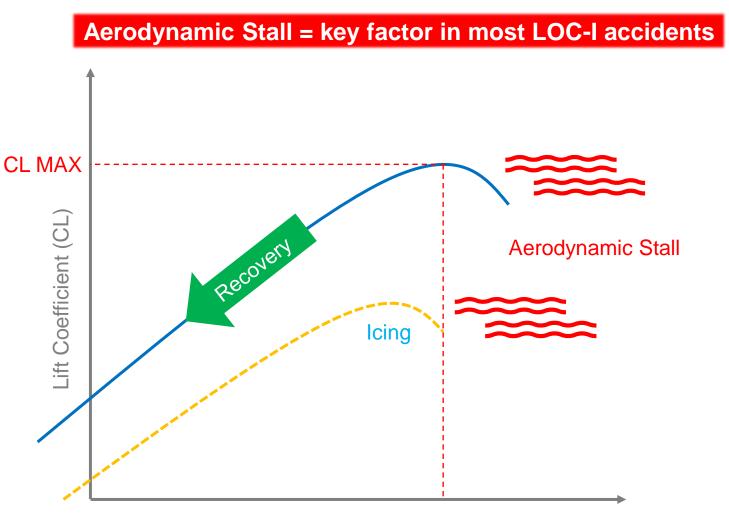
UPRT 2080

Captain Savio Schmitz

Disclaimer

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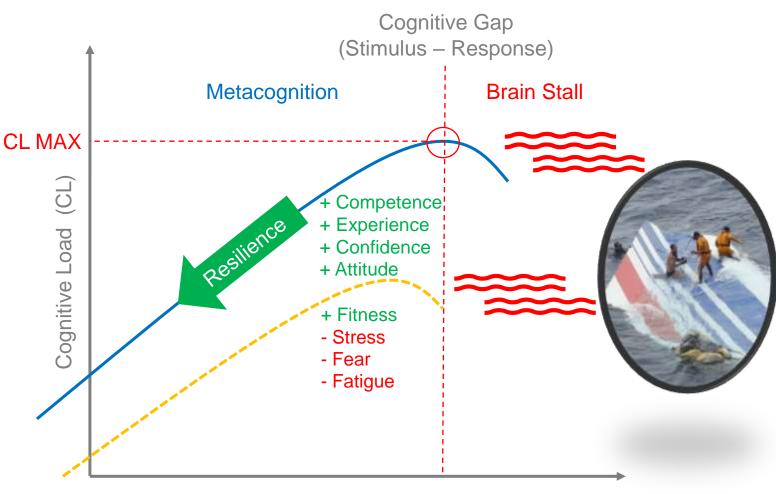
Aerodynamic Angle of Attack (AoA)



Angle of Attack (AOA)

Cognitive Angle of Attack (AOA)

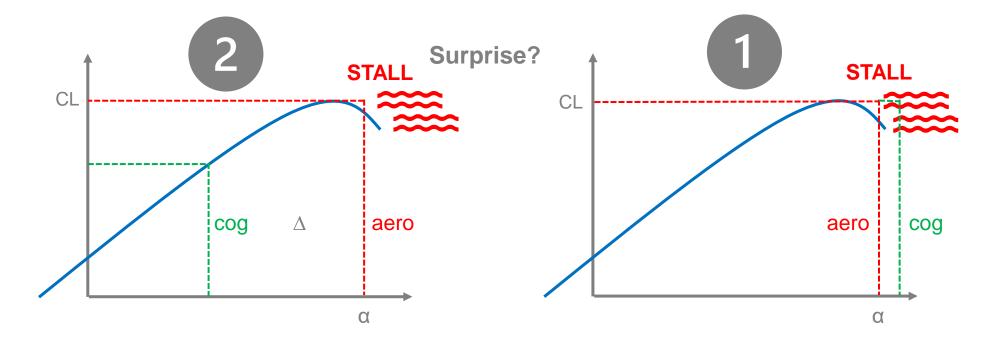
Human Factor (HF) = leading causal factor in LOC-I accidents



Cognitive AOA

Psychology of Reality-Based Training





Cognitive α < Aerodynamic α



FOR TRANSPORT

TWO

➤ EASA

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1. Cognition (unexpected part)



2. Behavior (abnormal part)

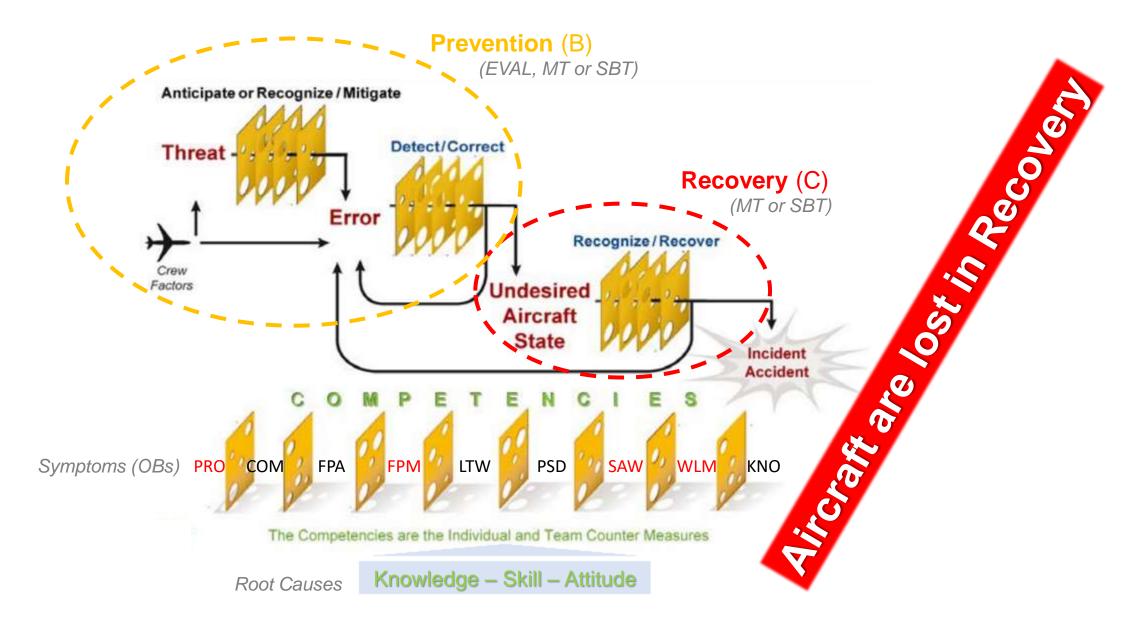


Nose-low recovery strategy template **Either pilot** — Recognise and confirm the developing situation by announcing **'nose low'** (If the autopilot or autothrust/autothrottle is responding correctly, it may not be appropriate to decrease the level of automation while assessing if the divergence is being stopped)

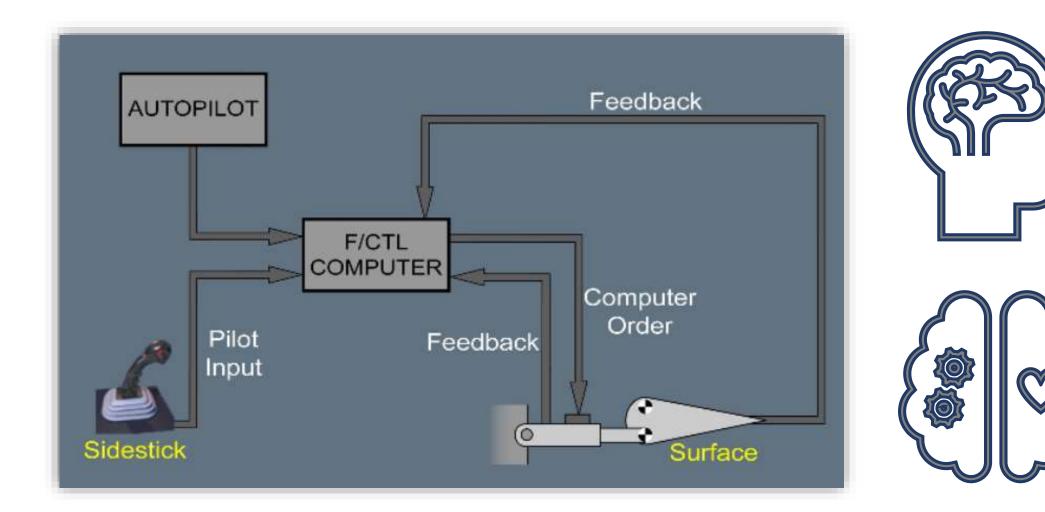
| PF | | PM |
|----|---|---|
| 1. | AUTOPILOT — DISCONNECT (A large out-of-trim condition could be encountered when the autopilot is disconnected) | MONITOR airspeed and attitude throughout the recovery and ANNOUNCE any continued divergence |
| 2. | AUTOTHRUST/AUTOTHROTTLE — OFF | |
| 3. | RECOVERY from stall if required | |
| 4. | ROLL in the shortest direction to wings level (It may be necessary to reduce the G-loading by applying forward control pressure to improve roll effectiveness) | |
| 5. | THRUST and DRAG — ADJUST (if required) | |
| 6. | RECOVER to level flight (Avoid the secondary stall due to premature recovery or excessive G-loading.) | |

"PUSH, ROLL, POWER, STABILIZE"

UPRT – EBT / CBTA / TEM ... RBT



Root Cause Analysis

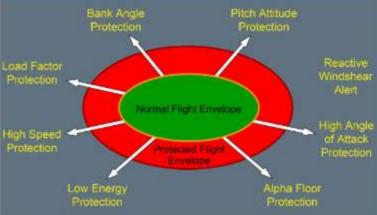




Rethinking Competencies and Training

- Top-down approach integrating technology and psychology
- Research consortia
- Cognitive recovery strategies / techniques
- Adapted training specs, competency framework(s), syllabus and guidance material
- Educated instructors and evaluators
- Tools-to-task (startle effect)
- Practice self-regulation (cognitive AOA)

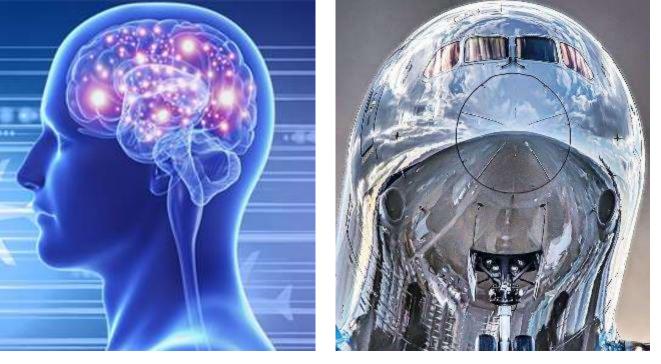






Cost vs Benefit

- LOC-I accidents are rare
- UPRT cognitive control skills are transferable
 - o Go-around, Overspeed, EGPWS (GPS interference), Memory Items ...
 - Autopilot in Protection Mode ('What is it doing?)
- Mental training
 - o Sports
 - Aerobatic & fighter pilots
 - Why not for commercial airline pilots?





Key Takeaways

- Technology and psychology
- LOC-I = Killer # 1
- Aircraft are lost in recovery
- Control is lost / regained in the mind
- Mind the cognitive gap

UPRT 2080

100% of accidents are due to human limitations 100% of safety is due to human capability

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